

## The Magical Kingdom Week 1 Nursery Meals

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals <i>GL</i> Water / Milk <i>DA</i>	Selection of cereals <i>GL</i> Water / Milk <i>DA</i>	Selection of cereals <i>GL</i> Water / Milk <i>DA</i>	Selection of cereals <i>GL</i> Water / Milk <i>DA</i>	Selection of cereals <i>GL</i> Water / Milk <i>DA</i>
Morning Snack	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>
Lunch main	Indian Lentil Curry With White Rice  Melon Fingers  Water / Milk <i>DA</i>	Garlic Bread <i>GL</i>  Homemade pizza with selection of toppings <i>GL</i>  Water / Milk <i>DA</i>	Broccoli , sweetcorn  Fish Cakes and beans <i>GL F</i>  Water / Milk <i>DA</i>	Homemade Spaghetti Bolognaise <i>GL DA</i>  Rice Pudding <i>DA</i>  Water / Milk <i>DA</i>	Cheese and Onion Pie Beans <i>GL DA</i>  Yogurts <i>DA</i>  Water / Milk <i>DA</i>
Afternoon snack	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>
Tea	Vegetable Soup With Chunks of crusty bread <i>GL DA</i> Banana's and Custard <i>DA</i>  Water / Milk <i>DA</i>	Selection of sandwiches <i>GL F DA</i>  <i>Fruit Pizza</i>  Water/Milk <i>DA</i>	Tomato pasta  <i>GL</i>  Yogurts <i>DA</i>  Water/Milk <i>DA</i>	Crumpets with selection of spread.  <i>GL EG D</i>  Water/Milk <i>DA</i>	Fish Fingers and Spaghetti Hoops <i>GL F</i>  Strawberry Ice Cream <i>DA</i>  Water / Milk <i>DA</i>

PN= Peanuts SD= Sulphur Dioxide SE= Sesame SF= Shellfish SY= Soya CE= Celery DA= Dairy EG= Egg F=Fish GL= Gluten LU= Lupin MU= Mustard N= Nuts

## The Magical Kingdom Week 2 Nursery Meals

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals <i>GL</i> Water / Milk <i>DA</i>	Selection of cereals <i>GL</i> Water / Milk <i>DA</i>	Selection of cereals <i>GL</i> Water / Milk <i>DA</i>	Selection of cereals <i>GL</i> Water / Milk <i>DA</i>	Selection of cereals <i>GL</i> Water / Milk <i>DA</i>
Morning Snack	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>
Lunch main	Minced beef with Rice <i>GL DA</i> Frozen Strawberry Sorbet Water / Milk <i>DA</i>	Vegetable Stir Fry and Noddle's <i>GL</i> Jam Biscuits <i>GL DA</i> Water / Milk <i>DA</i>	Chicken Pasta Bake <i>GL DA</i> Chocolate Cake <i>DA EG GL</i> Water / Milk <i>DA</i>	Jacket Potato Cheese and Beans <i>DA</i> Fruit Salad Water / Milk <i>DA</i>	Chicken Curry with naan bread and rice <i>GL DA</i> Cupcakes <i>DA EG GL</i> Water / Milk <i>DA</i>
Afternoon snack	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>	Selection of fruit Water/ Milk <i>DA</i>
Te	Scrambled Egg and Salad <i>DA EG</i> Fruits salad Water / Milk <i>DA</i>	Tomato and cheese Fun Size Pizza <i>GL DA EG</i> Ice Cream and Fruit <i>DA</i> Water/Milk <i>DA</i>	Waffles and Beans  Yogurts <i>DA</i> Water/Milk <i>DA</i>	Bagels and Cream Cheese <i>GL F DA</i> Jelly Water/Milk <i>DA</i>	Potato cakes with Beans <i>GL</i> Yoghurts <i>DA</i> Water / Milk <i>DA</i>

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